

Marietta Mills Jones is the Founder and CEO of 4Ever Thankful, LLC, a **Certified Christian Life Coach** through the Center for Christian Coaching aligned with the International Coaching Federation (ICF), an award-winning author, and ordained minister. She is widely recognized for helping individuals experience faith-centered transformation rooted in thankfulness, accountability, healing, and purpose.

Through her coaching practice, Marietta helps individuals navigate life transitions, heal from emotional wounds, rediscover their identity, and strengthen their relationship with God. Her holistic approach addresses the spiritual, emotional, and practical aspects of life, empowering clients to move beyond survival and into intentional, purpose-driven living. Drawing from both professional training and lived experience, Marietta creates safe, supportive spaces where growth, clarity, restoration, and lasting change can occur.

Under 4Ever Thankful, LLC, Marietta leads several impactful initiatives designed to foster healing, connection, and spiritual renewal. The ***My Sister's Keeper Experience*** is a signature faith-based gathering created to uplift and restore women through thankfulness, authentic sisterhood, and spiritual healing. First launched in 2019, the experience continues to grow as a sacred space for reflection, encouragement, empowerment, and breakthrough.

Marietta also shares weekly encouragement through the 4Ever Thankful YouTube Channel, featuring her inspirational **Sharing My Heart** videos and **4Ever Thankful Thursday** messages. Through these faith-centered reflections, she openly shares life lessons, personal experiences, biblical insights, and practical encouragement designed to inspire gratitude, strengthen faith, foster healing, and help individuals navigate life's challenges with hope and purpose.

Beyond coaching and content creation, Marietta is committed to serving women experiencing difficult life circumstances through her partnership with **All Things Women, Inc. Detroit**. Through workshops, coaching, encouragement, and faith-based support, she helps women discover their value, strengthen their relationship with God, overcome personal barriers, and move toward healing, restoration, and purposeful living. This work reflects her passion for meeting women where they are and helping them embrace the hope and possibilities that exist beyond their current circumstances.

As an author, Marietta's two-time award-winning book *Married to an Addiction* has resonated deeply with readers seeking healing, understanding, restoration, and hope. The book further complements her coaching mission by encouraging individuals to confront difficult realities while embracing healing and growth. She also co-authored *In My Own Words—My Journey from Beginning to Eternity*, written by her late husband, William Bernard Jones, honoring his legacy and their shared journey.

Her additional works include:

- *12 to 50: A 12-Month Journey to Turning 50*
- *4Ever Thankful Journal*
- *Breaking Free: Letting Go of a False Identity Created by Satisfying the Needs of Others*
- *My Sister's Keeper: A Journey of Thankfulness, Grace, and Growth*

- *Living a Life Rooted in Thankfulness: Discovering How Thankfulness Unlocks Peace, Growth, and Fulfillment*

Together, these works reinforce her belief that every individual has the power to reclaim their narrative, embrace healing, and walk boldly in purpose.

Marietta Mills Jones' life story is a testament to resilience, faith, growth, and the transformative power of lived experience. Her journey from challenge to triumph serves as a reminder that obstacles can be overcome and that one's story can be used to uplift, heal, empower, and inspire others. Her dedication to personal and spiritual growth, coupled with her genuine desire to create meaningful impact, continues to position her as a trusted voice in faith-centered transformation.

Whether through one-on-one coaching, group experiences, digital content, podcasting, speaking engagements, community outreach, or inspirational media, Marietta's mission remains consistent: to help others discover the life-changing power of thankfulness, grow in faith, reclaim their God-given identity, and live fully aligned with God's purpose—one thankful step at a time.

For speaking engagements, coaching inquiries, interviews, podcast appearances, or collaboration opportunities, Marietta Mills Jones can be reached through her website or by email at mariettamillsjones@4everthankful.com.